



# **SUBSTANCE USE DISORDER**

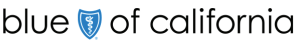


**Quitting can be hard.**

**Don't wait. Get support to start your journey to recovery.**

Your health plan provides many treatment options. Choose treatment facility or program designed to meet your individual needs.

**Learn more about how to access your health plan benefits on the back of this flyer.**

# Instructions for accessing your substance abuse treatment benefits through your health plan.

Blue Shield of California Members	Kaiser Permanente Members for your Kaiser facility	Health Net CanopyCare Members
		
<ol style="list-style-type: none"> <li>Once you choose the treatment facility/program you would like to attend, reach out directly to the treatment facility/program Admission Office.</li> <li>The treatment facility/program will do an assessment by collecting important medical/clinical information to determine your medical suitability and the level of care needed.</li> <li>If medically approved by the treatment facility/program, they will handle your authorization to receive services through your Blue Shield of CA health benefits.</li> <li>They will instruct you about next steps to enter the treatment facility/program.</li> </ol>	<ol style="list-style-type: none"> <li>Reach out to your primary care physician or directly to the Addiction Medicine Recovery Services (AMRS) for your Kaiser facility: <a href="https://thrive.kaiserpermanente.org/care-near-you/northern-california/gsa/departments/psychiatry/addiction-medicine-recovery-services-amrs/">https://thrive.kaiserpermanente.org/care-near-you/northern-california/gsa/departments/psychiatry/addiction-medicine-recovery-services-amrs/</a></li> <li>You will be assessed by Kaiser's AMRS program to determine the service that will best meet your clinical needs.</li> <li>You will be informed in writing when a referral to a treatment facility/program is authorized.</li> <li>An Authorization for Medical Care form describing the specific treatment authorized, will be sent to the treatment facility/program. The treatment facility/program may contact the member directly to arrange admission.</li> </ol>	<ol style="list-style-type: none"> <li>Contact IAFF to schedule an assessment/intake appointment, call (855) 900-8437 or visit <a href="https://www.iaffrecoverycenter.com">https://www.iaffrecoverycenter.com</a></li> <li>If upon assessment, IAFF determines medical necessity for their facility, they will obtain authorization from Health Net Behavioral Health.  <i>For Residential Treatment - authorization determination will take up to 5 business days.</i></li> <li>If authorized, IAFF will contact the member to coordinate admission. If not authorized, an alternate treatment recommendation will be provided in both written form (letter) and through a verbal notification call from Health Net Behavioral Health.</li> </ol>

The Center of Excellence is a new benefit option available through all health plans that requires a preauthorization based on an appropriate level of care for your individual need. It is an inpatient substance use clinic in Maryland that was established to treat fire fighters who require inpatient support to address addiction resulting from trauma.

Scan the QR code for more information:



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