

Pain Frequency and Physical Therapy Utilization for HSS

Patients with Pain (narrow Diagnosis set)*

- Unique Patients W/Pain
 - 21% of total lives, a 1% increase over previous period
- Average # of Visits per Patient
 - 4.77 in 2016, 4.64 in 2015
- Patients with multiple diagnoses for pain
 - 3.01% of total lives
 - 14% of patients with pain
- Average # visits for patients with multiple diagnoses
 - 10.57 in 2016
 - 10.45 in 2015

Physical Therapy Utilization of Patients with Pain*

- Prevalence in population
 - 6% of total lives
 - 27% out of the 21% with pain
- Average # of PT Visits
 - 4.27 in 2016
 - 4.83 in 2015
- PT utilization for patients with multiple diagnoses
 - 13% out of the 14% with pain
- Average # of PT visits for patients with multiple diagnoses
 - 8.98 in 2016
 - 10.63 in 2015

*Pain definition was limited to a narrow diagnoses set for back & lower back pain, joint disorders & carpal tunnel syndrome. Utilization does not include Workers Compensation. All data was sourced from the SFHSS All Payer Claims Database (APCD) using rolling year periods of Oct 2015-Sep 2016 and Oct 2014 – Sep 2015. Unique patients is a singular count of patients with a pain diagnosis regardless of number of diagnoses or visits.