



SFHSS Open Enrollment, Flu Prevention, & Healthy Aging for Women

September 25, 2024

Carrie Beshears, Well-Being Manager
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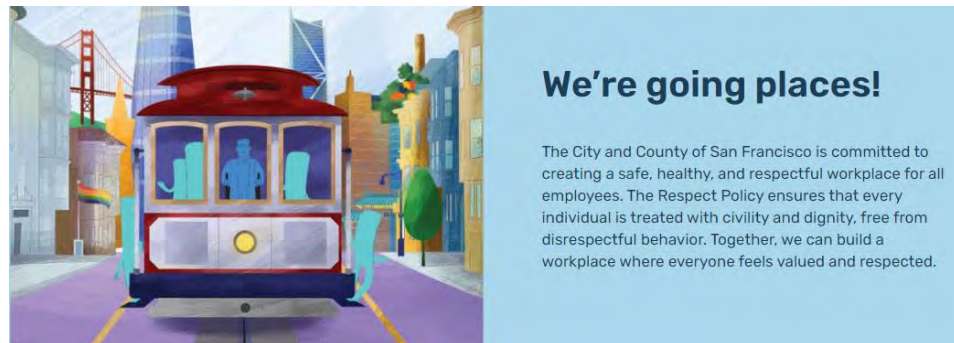
Agenda

- Well-Being@Work Updates
- Open Enrollment
- Benefit Fairs
- Flu Shot Clinics
- Healthy Aging and Well-Being For Women
- Next Steps



Well-Being@Work Updates

- **November 1** - Deadline to request fruit orders and KP activities for the remainder of the year.
- Schedule Check-in Meetings with your Coordinator
- ***Get on Board with Respect*** Campaign from DHR
<https://www.sf.gov/get-board-respect>
 - **Strategic Plan/Create a Culture/Policy:** Respect in the Workplace Policy
 - Implement and Utilize
 - Tools and Resources for managers and employees
 - Posters (pick them up at DHR or the Career Center at City Hall)





Open Enrollment (OE) Champion Training and Support Materials

OE 2024 for PY2025

HEALTH BENEFITS
OPEN ENROLLMENT

September 30th – October 25th, 2024



Open Enrollment Period:

September 30th – October 25th, 2024.

Open Enrollment is your annual opportunity to:

- Change your health benefits
- Add or drop dependents
- Review 2025 benefit rates
- Update FSA Elections
- Attend benefits fairs and webinars

Elections made during Open Enrollment will take effect on January 1, 2025.



Scan Here

Deadline to submit Open Enrollment changes is October 25th.



Open Enrollment Communications

Open Enrollment Letters to be Mailed September 23rd.

HEALTH BENEFITS OPEN ENROLLMENT

September 30th – October 25th, 2024



SAN FRANCISCO HEALTH SERVICE SYSTEM
Affordable, Quality Benefits & Well-Being
1145 Market Street, 3rd Floor
San Francisco, CA 94103

PROVIDED PROFESSIONAL U.S. POSTAGE PAID K&H

Window Dimension: W=4" H=2" L=0.75" Top=2.25"

HEALTH BENEFITS OPEN ENROLLMENT
September 30th – October 25th, 2024

OPEN NOW! PLAN YEAR 2025 BENEFITS INFORMATION ENCLOSED

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HEALTH BENEFITS OPEN ENROLLMENT
September 30th – October 25th, 2024

TIME SENSITIVE - OPEN NOW!
2025 MEDICARE PPO PROVIDER IS CHANGING

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TIME SENSITIVE - OPEN NOW!

SFHSS.ORG

OPEN NOW! PLAN YEAR 2025 BENEFITS INFORMATION ENCLOSED

SFHSS.ORG

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OPEN NOW TO CONFIRM YOUR BENEFITS

PLAN YEAR 2025 HEALTH BENEFITS CONFIRMATION



91 Custom OE Letters With Rates

**SAN FRANCISCO
HEALTH SERVICE SYSTEM**

September xx, 2024

<<Name Display>> <<Dept.>>
<<Address1>> <<Address2>>
<<City>>, <<State>> <<Postal>>

**HEALTH BENEFITS
OPEN ENROLLMENT**

September 30th – October 25th, 2024

OPEN ENROLLMENT STATEMENT
Employee ID: <<EmplID>>

Welcome to San Francisco Health Service System's Open Enrollment! Please read this letter carefully and review your current health benefit elections below. To learn more about your 2025 health benefit options, visit sfhss.org/oe2025. You can also talk to an expert at one of our on-site health fairs, get your annual flu shot at a worksite flu clinic or join any of our Open Enrollment webinars that are available throughout the month of October. You can check your benefits and make your Open Enrollment elections online using **eBenefits**. Visit sfhss.org/ebenefits to get started.

FLEXIBLE SPENDING ACCOUNTS (FSA) DO NOT AUTOMATICALLY RENEW FOR 2025.

If you would like to make Flexible Spending Account (FSA) contributions next year, you must enroll during Open Enrollment. For plan year 2025, you may set aside up to \$3,200 on a pre-tax basis for your Healthcare FSA account. The new carryover amount for 2025 funds will be \$640 into the 2026 plan year. The maximum contribution for Dependent Care FSA remains the same, at \$5,000 for plan year 2025. If you currently have a Healthcare FSA and/or Dependent Care FSA and would like to know your current FSA balance or if you have any questions, call P&A Group at (800) 688-2611 or visit padmin.com.

YOUR CURRENT ENROLLMENT

Individual(s) Enrolled	Medical Plan	Dental Plan	Vision Plan
Member: <<Name Display>>	<<Medical_Plan2>>	<<Dental_Plan2>>	<<Vis_BuyUp_Plan2>>
<<Dep_Coverage>>			
<<DepNAME1>>	<<Dep_MedPlan1>>	<<Dep_DenPlan1>>	<<DEP_VBUYUP_PLAN1>>
<<DepNAME2>>	<<Dep_MedPlan2>>	<<Dep_DenPlan2>>	<<DEP_VBUYUP_PLAN2>>
<<DepNAME3>>	<<Dep_MedPlan3>>	<<Dep_DenPlan3>>	<<DEP_VBUYUP_PLAN3>>
<<DepNAME4>>	<<Dep_MedPlan4>>	<<Dep_DenPlan4>>	<<DEP_VBUYUP_PLAN4>>
<<DepNAME5>>	<<Dep_MedPlan5>>	<<Dep_DenPlan5>>	<<DEP_VBUYUP_PLAN5>>
<<DepNAME6>>	<<Dep_MedPlan6>>	<<Dep_DenPlan6>>	<<DEP_VBUYUP_PLAN6>>
<<DepNAME7>>	<<Dep_MedPlan7>>	<<Dep_DenPlan7>>	<<DEP_VBUYUP_PLAN7>>
<<DepNAME8>>	<<Dep_MedPlan8>>	<<Dep_DenPlan8>>	<<DEP_VBUYUP_PLAN8>>
<<DepNAME9>>	<<Dep_MedPlan9>>	<<Dep_DenPlan9>>	<<DEP_VBUYUP_PLAN9>>
<<DepNAME10>>	<<Dep_MedPlan10>>	<<Dep_DenPlan10>>	<<DEP_VBUYUP_PLAN10>>

For help, call Member Services at (628) 652-4700 or visit sfhss.org. Telephone hours are Monday, Tuesday, Wednesday, and Friday 9 a.m. to Noon and 1 p.m. to 5 p.m., and Thursday 10 a.m. to Noon and 1 p.m. to 5 p.m. Visit sfhss.org/oe2025 for downloadable plan documents and Benefits Guides. **Open Enrollment ends October 25, 2024, at 5 p.m. PST.**

Please see reverse side for more information.
CSF-RL

Biweekly Health Plan Premium Contributions Effective January 1, 2025

<<Union_Name>>

MEDICAL PLANS	HEALTH NET CANOPYCARE HMO		KAISER PERMANENTE HMO		TRIO HMO		BLUE SHIELD OF CALIFORNIA ACCESS+ HMO		PPO	
	You Pay	Employer Pays	You Pay	Employer Pays	You Pay	Employer Pays	You Pay	Employer Pays	You Pay	Employer Pays
Employee Only	\$25.57	\$339.70	\$28.48	\$378.31	\$31.98	\$424.82	\$37.60	\$499.59	\$182.80	\$499.59
Employee +1	\$51.01	\$677.69	\$56.82	\$754.93	\$63.82	\$847.93	\$75.08	\$997.46	\$326.19	\$997.46
Employee +2 or More Dependents	\$175.16	\$855.18	\$195.13	\$952.72	\$219.19	\$1,070.17	\$257.87	\$1,259.02	\$611.38	\$1,259.02

DENTAL PLANS	DELTA DENTAL PPO		DELTA DENTAL USA DHMO		UNITEDHEALTHCARE DENTAL DHMO	
	You Pay	Employer Pays	You Pay	Employer Pays	You Pay	Employer Pays
Employee Only	\$2.31	\$23.58	\$0.00	\$12.22	\$0.00	\$11.53
Employee +1	\$4.62	\$49.75	\$0.00	\$20.16	\$0.00	\$19.05
Employee +2 or More Dependents	\$6.92	\$70.76	\$0.00	\$29.82	\$0.00	\$28.16

VISION PLANS	VSP PREMIER*	
	You Pay	Employer Pays
Employee Only	\$5.48	
Employee +1	\$8.36	
Employee +2 or More Dependents	\$17.09	

*Enrollment in the VSP Premier Plan requires that all dependents enrolled in medical coverage also be enrolled in the VSP Premier Plan.

VOLUNTARY BENEFITS

SFHSS has partnered with **Workterra** to provide members with group discount rates for group term-life, short-term disability, critical illness, AD&D, and pet insurance along with legal plan and identity theft protection services to help you save money and protect your savings if an unexpected and unfortunate situation should arise. You may enroll by contacting **Workterra** at (866) 528-5360 or online at <https://myapps.sfgov.org> (click on the **Workterra** tile). You can self-enroll, dis-enroll, or confirm any existing elections online. For more information, visit sfhss.org/voluntary-benefits.

1145 Market St., 3rd Floor, San Francisco, CA 94103 | Phone: (628) 652-4700 | Fax: (628) 652-4701 | sfhss.org






Confirmation Letters

September 30th – October 25th, 2024



SAN FRANCISCO HEALTH SERVICE SYSTEM

December x, 2024

<<Name Display>> <<Dept>>
 <<Address1>> <<Address2>>
 <<City>>, <<State>> <<Postal>>

YOUR 2025 HEALTH BENEFITS ELECTIONS

2025 Health Benefits Enrollment Confirmation Statement Employee ID: <<EmplId>>

Please review this summary of your SFHSS health benefit elections for Plan Year 2024. If the information is incorrect, please call Member Services at (628) 652-4700 or (800) 541-2266 by **Friday, December 20, 2024, at 5 p.m. PST.**

Individual(s) Enrolled	Medical Plan	Dental Plan	Vision Plan
Member: <<Name Display>>	<<Medical_Plan>>	<<Dental_Plan>>	<<Vis_BuyUp_Plan>>
<<Dep_Coverage>>			
<<DepNAME1>>	<<Dep_Medplan1>>	<<Dep_Denplan1>>	<<DEP_VBUYUP_PLAN1>>
<<DepNAME2>>	<<Dep_Medplan2>>	<<Dep_Denplan2>>	<<DEP_VBUYUP_PLAN2>>
<<DepNAME3>>	<<Dep_Medplan3>>	<<Dep_Denplan3>>	<<DEP_VBUYUP_PLAN3>>
<<DepNAME4>>	<<Dep_Medplan4>>	<<Dep_Denplan4>>	<<DEP_VBUYUP_PLAN4>>
<<DepNAME5>>	<<Dep_Medplan5>>	<<Dep_Denplan5>>	<<DEP_VBUYUP_PLAN5>>
<<DepNAME6>>	<<Dep_Medplan6>>	<<Dep_Denplan6>>	<<DEP_VBUYUP_PLAN6>>
<<DepNAME7>>	<<Dep_Medplan7>>	<<Dep_Denplan7>>	<<DEP_VBUYUP_PLAN7>>
<<DepNAME8>>	<<Dep_Medplan8>>	<<Dep_Denplan8>>	<<DEP_VBUYUP_PLAN8>>
<<DepNAME9>>	<<Dep_Medplan9>>	<<Dep_Denplan9>>	<<DEP_VBUYUP_PLAN9>>
<<DepNAME10>>	<<Dep_Medplan10>>	<<Dep_Denplan10>>	<<DEP_VBUYUP_PLAN10>>

Annual Healthcare FSA: <<HCFSA_ANNUAL_PLEDGE>>
 Annual Dependent Care Assistance FSA: <<DCFSA_ANNUAL_PLEDGE>>

If this Confirmation Statement is accurate, you do not need to take any action.

Our telephone hours are Monday, Tuesday, Wednesday, and Friday, 9 a.m. to Noon and 1 p.m. to 5 p.m., and Thursday from 10 a.m. to Noon and 1 p.m. to 5 p.m.

Note: SFHSS can only correct administrative errors. If you missed the Open Enrollment deadline or simply changed your mind, you will need to wait until the next Open Enrollment period to change your benefits.

Voluntary benefits are administered by WORKTERRA. To check your voluntary benefit elections, contact WORKTERRA directly at (888) 604-3771.

1145 Market Street, 3rd Floor, San Francisco, CA 94103 | Phone: (628) 652-4700 | Fax: (628) 652-4701 | sfhss.org

CSF

SAN FRANCISCO HEALTH SERVICE SYSTEM

2025 <<DED_SCHED>> Employee Healthcare Payroll Deductions

Medical (includes VSP Basic Vision Plan)	<<Med_Covrg>>	<<EE_MED_CUR>>
Dental	<<Dental_Covrg>>	<<EE_DEN_CUR>>
Vision	<<Vis_BuyUp_Covrg>>	<<EE_VBUYUP_CUR>> ¹
Healthcare FSA		<<HCFSA_BIWEEKLY>>
Dependent Care Assistance FSA		<<DCFSA_BIWEEKLY>>
Total <<DED_SCHED>> Deductions		<<Total_Ded>> ²

¹The cost for the VSP Basic Vision Plan is included in your medical premium. There is no additional cost. ²Deductions listed here do not include Voluntary Benefits.

Employees represented by <<Union_Name>> are automatically enrolled in:

<<LTD_YesNo>> <<LTD_Plan>> <<LIFEINS_YESNO>> <<LifePlan>> <<VDT>>

Important Information for 2025

2025 Health Premium Deductions will appear on your first paycheck beginning in January 2024.

Do you still have Healthcare FSA Funds for 2024? Expenses must be incurred by December 31, 2024. Reimbursements must be submitted no later than March 31, 2025. Check padmin.com for more details. Remaining 2024 Healthcare FSA funds from \$10 to \$610.00 will carryover for you to use in 2025. Visit sfhss.org/flexible-spending-accounts-fsa for more information.

Health Plan ID Cards. All members who switched plans during Open Enrollment and all existing Blue Shield of California Access+ HMO members will receive a new identification card in the mail before January 1, 2025.

Switching to an HMO Medical Plan? Newly enrolled members in Health Net CanopyCare, Blue Shield of CA Access+ or Trio HMOs will have a primary care physician (PCP) auto-assigned. To choose a different PCP, please call the member services number on back of your health plan ID card.

Get a Free Flu Shot through Your Health Plan. Go to sfhss.org/well-being/flu-prevention for more details.

Dependent Eligibility May be Audited by SFHSS at Any Time

Stay in Compliance and Review Your Dependent Coverage. SFHSS Member Rules require all members to notify SFHSS within 30 days of when a dependent becomes ineligible. Dependent eligibility may be audited by SFHSS at any time.

If you added a dependent during Open Enrollment but did not provide the required documentation demonstrating eligibility for SFHSS benefits by the supplied deadline, your added dependent will be removed from coverage starting January 1, 2025.

1145 Market Street, 3rd Floor, San Francisco, CA 94103 | Phone: (628) 652-4700 | Fax: (628) 652-4701 | sfhss.org

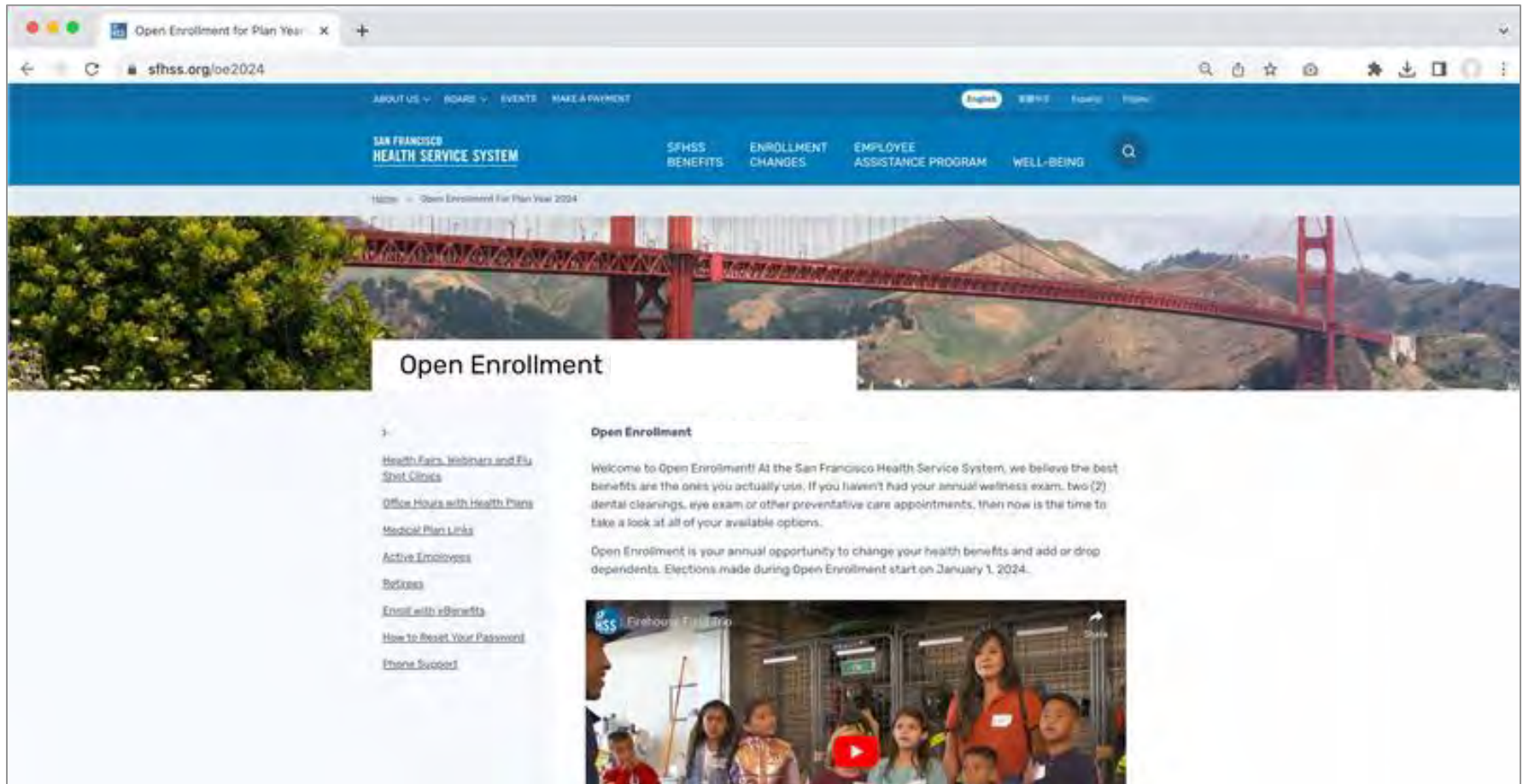
Comprehensive OE Resource Hub at sfhss.org/oe2025

HEALTH BENEFITS
OPEN ENROLLMENT

September 30th – October 25th, 2024



Open Enrollment Resource Hub will go live on September 30, 2024.

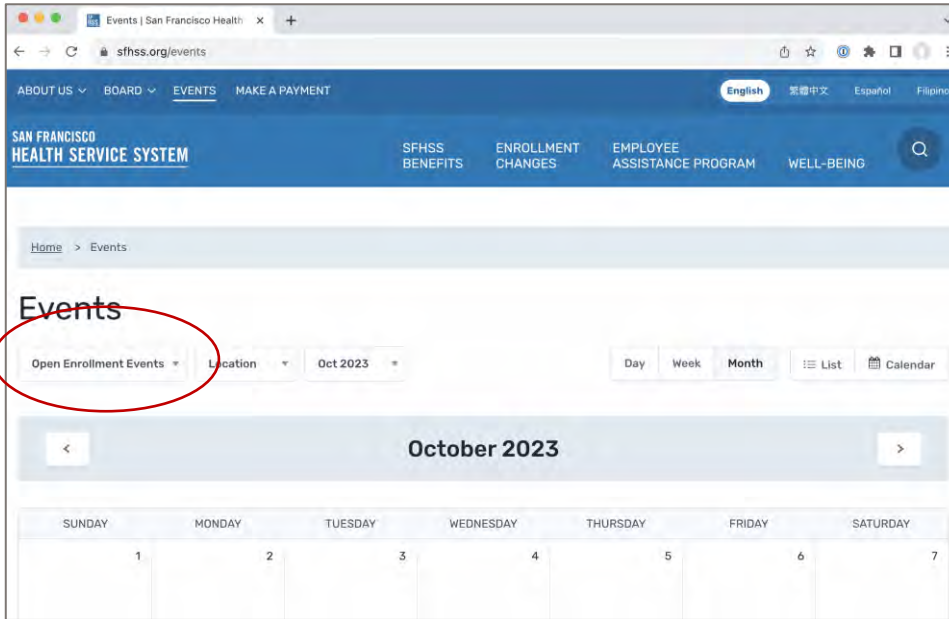




OE Calendar Events

sfhss.org/oe2025/calendar
is where you will find a variety
Open Enrollment of events:

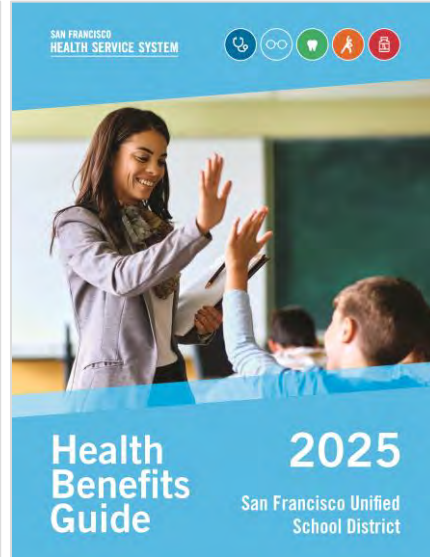
- 18 Webinars
- 6 Benefit Fairs
 - 2 Open to all
 - 4 Closed for department employees only



Click on "Open Enrollment Events".



2025 Health Benefits Guides*



*Court and MEA are consolidated into the City and County of San Francisco Guide.



Member Experience – Emails

SFHSS

- Weekly emails reminding members about upcoming webinars, health fairs, vendor office hours where they can get one-on-one help, and deadlines.

Department

- Distribute one department wide email to remind employees of Open Enrollment.





Member Experience – Four Benefit Fairs

Date & Time	Location
October 1, 9 a.m. – 3 p.m.	SF City Hall – Open to ALL SFHSS Members
October 2, 7:30 a.m. – Noon	*PUC – Hetch Hetchy
October 3, 11 a.m. – 1 p.m.	*SFO – Morning
October 3, 10 p.m. – 11:30 p.m.	*SFO – Evening
October 9, 7 a.m. – 1 p.m.	*SF Public Works, Operations Yard
October 17, 9 a.m. – 2 p.m.	RPD, County Fair Building - Open to ALL SFHSS Members

*Closed event for only department employees.

Member Experience – 18 Webinars Scheduled



Date & Time	Topic
9/30 at Noon 10/8 at Noon 10/ 21 at Noon	Active Employee & Non-Medicare Retiree - General Health Plan Overview
10/2 at Noon 10/10 at 11 a.m. 10/15 at 11 a.m.	Medicare Retiree - General Medicare Plan Overview
10/10 at Noon 10/16 at Noon	Active Employees - Dental/Vision
10/7 at 10 a.m. 10/2 at 10 a.m.	Retirees - Dental/Vision
10/7 at Noon 10/23 at Noon	Active Employees - FSA
10/8 at 10 a.m. 10/15 at 1 p.m. 10/23 at 11 a.m.	Deep Dive into the NEW Blue Shield of CA MAPD-PPO Plan
10/8 at 5:30 p.m. 10/22 at noon	CCSF & Courts Voluntary Benefits & MEA Flex Credits w/ Workterra



Print Material: Table Tent and Poster



Table Tents are to be placed on all tables in the break room, and the posters on the wall that are visible until September 30th until October 25th, 2024.

Digital Display



**OPEN
ENROLLMENT
PERIOD:
SEPT. 30th –
Oct. 25th, 2024**

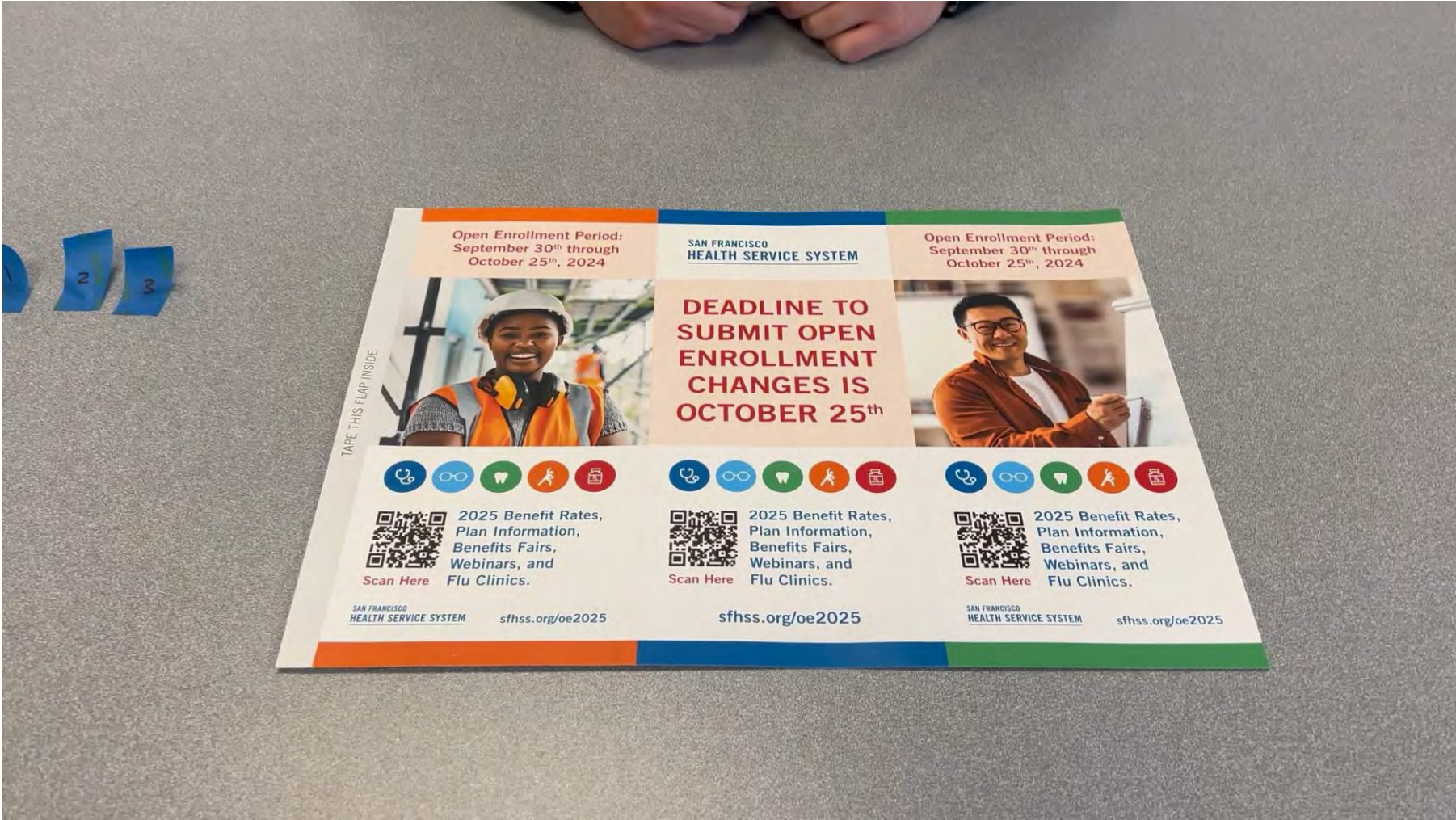


Scan Here

**2025 Benefit Rates, Plan
Information, Benefits Fairs,
Webinars, and Flu Clinics.**

**DEADLINE TO
SUBMIT OPEN
ENROLLMENT
CHANGES IS
OCTOBER 25th**

Table Tent Folding and Assembly Video



Text Instructions for Table Tent Assembly

Start with the Sheet:

Place the sheet face down with the printed side on the table.

Fold the Panels:

Fold all four panels along the pre-scored lines towards you. Crease them well for a neat fold.

Prepare to Tape:

Locate the flap at one end of the sheet. This flap is for taping.

Apply Tape:

Place three pieces of tape on the inner side of the flap, with the sticky side facing up.

Secure the Tent:

Carefully fold the taped flap towards the opposite end of the sheet. Gently press down to secure the tape and form the triangle shape of the table tent.

Done!

Your table tent is now assembled and ready to use.



Champion Role:

- Hang Posters
- Assemble Table tents and distribute among your work location(s)
- Send a department specific email
- Place on digital displays

Additional Options:

- Add a blurb to internal newsletter
- Place on your internal website
- Make an announcement in an all-staff meeting

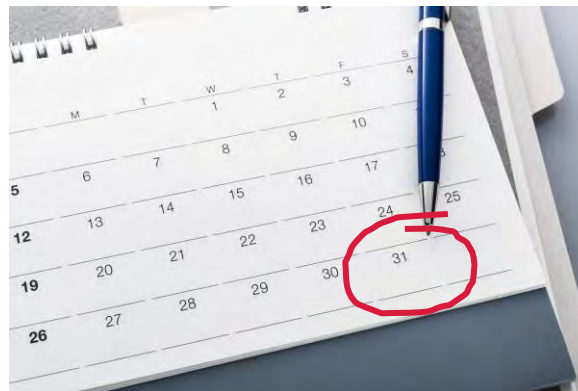


OE Next Year Planning - 2026

Interesting in hosting a benefit fair? Would you like someone from HSS to come and speak to your department on Open Enrollment?

Plan Ahead!

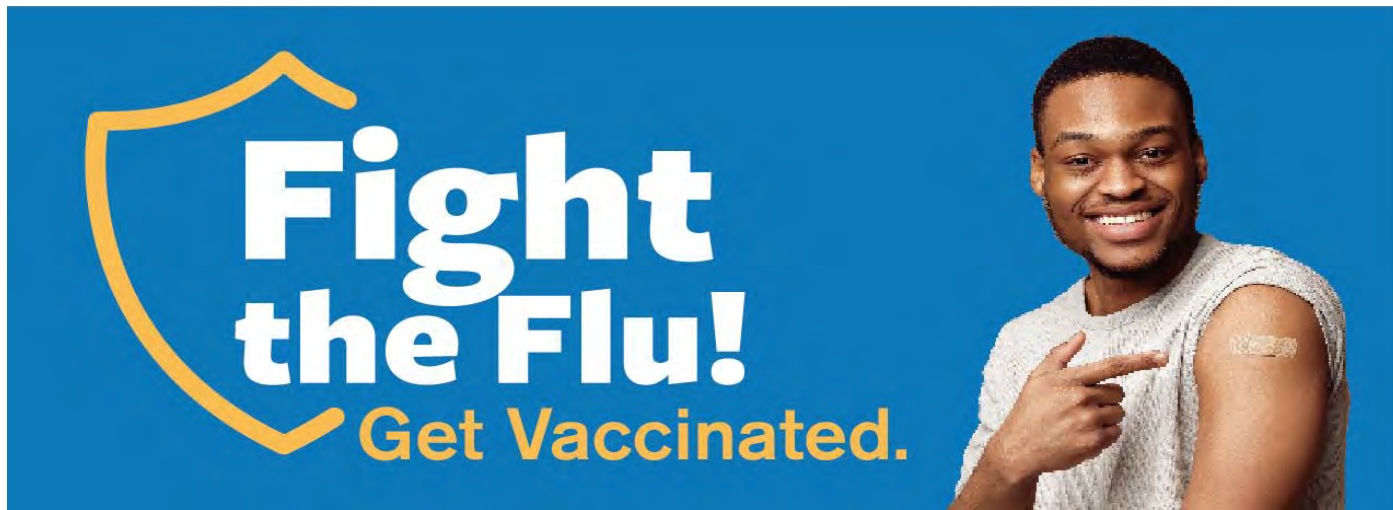
Requests must be submitted to well-being@sfgov.org by March 31, 2025.



HEALTH BENEFITS OPEN ENROLLMENT

September 30th – October 25th, 2024





SFHSS Flu Prevention Campaign & Clinics



Flu Prevention Campaign & Clinics

Promote and encourage flu vaccinations for CCSF employees and retirees through

1. Onsite clinics
2. Know before you go
3. Citywide communication
4. Promotional materials
5. Flu education resources

Worksite Flu Shot Clinics

- 19 Clinics
- Open vs. Closed (restricted) clinics
- High dose availability at most clinics
- No appointments necessary

Open	Closed (Restricted)
9/26 - SFPUC Millbrae	9/25 - Department of Emergency
10/1 - City Hall	9/27 - SF Main Public Library
10/10 - Hall of Justice	10/2 - HOM
10/17 - SF County Fair Building	10/3 - SFMTA MME
10/21 - 49 South Van Ness	10/8 - SFPUC CDD
10/24 - SF Health Service System	10/9 - SFPW
10/31 - SF Human Services Agency	10/10 - DeYoung Museum
	10/15 - SFPUC WWE
	10/16 - SF Police HQ
	10/23 - SFPUC HQ
	10/30 - POL MTA Forensics

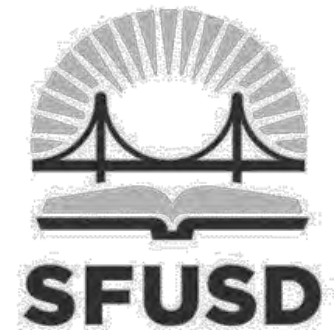
Be Prepared - Know Before You Go

1. Complete and print the [Flu Consent and Waiver form](#)
2. Bring a city issued ID badge OR your medical provider card
3. Self-report flu shot to your healthcare provider
4. Take a picture of the final consent form after you receive your flu shot
5. Upload the photo to your online health plan account or email the photo to your health care provider



Who Can Get a Flu Shot

- CCSF, SFUSD, CCD and CRT employees and retirees.
- Spouses/domestic partners of retirees.
- Worksite clinics are NOT for spouses/domestic partners and children of employees.



Emails

HSS City Wide

- 9/23/2024 – Fight the Flu
- 10/7/2024 - It's Not To Late

Department

Send one department wide email to support the flu campaign and encourage employees to get vaccinated.

**SAN FRANCISCO
HEALTH SERVICE SYSTEM**



Hello [% member:first_name default="CCSF Employee," %],

Flu can be a serious illness that is easily spread from person to person. The San Francisco Health Service System (SFHSS) is sponsoring [FREE FLU SHOTS](#) for City and County employees starting this month. Fight the Flu - the best way to protect yourself, your family and the community against flu is by getting vaccinated.

For a complete list of dates, times, and locations, please check [SFHSS Flu Prevention Webpage](#) to find the flu shot clinic nearest you.

Interested in getting your flu vaccine now?

You don't have to wait. Get your flu shot through your healthcare provider.

For more information go to: <https://sfhss.org/well-being/flu-prevention>



Hello Colleagues,

The first and most important step to protecting yourself, your family, and your community is getting a flu shot each year. In partnership with the San Francisco Health Service System (SFHSS), and [ADD DEPT NAME] is sponsoring a worksite flu clinic for our employees.

Location & Time: [ADD DETAILS HERE]

Know before you go:

Prior to arrival, please complete and print the [Flu Consent and Waiver form](#). This year, if you would like to inform your healthcare provider that you received your flu vaccine, please be prepared to take a picture of your completed form after you receive your vaccine.

Follow the steps below to get your flu shot quicker.

- No appointments are necessary.
- Bring a city-issued employee ID badge OR your medical provider card.
- Wear a loose-fitting or short-sleeve shirt, as you will need to roll up your sleeve.
- If you need proof of vaccination, take a picture of the consent form with your smartphone. Upload the photo to your online health plan account or email the photo to your health care provider.

For additional flu clinic locations, including a complete list of dates and times, please check the [SFHSS Flu Prevention Webpage](#) to find a clinic nearest you.

Staying up to date with the latest COVID-19 vaccine is the best way to protect yourself from serious illness. While not required, getting the COVID-19 vaccine is strongly recommended. The vaccines have been updated for the newest variants and are available at your doctor's office or local pharmacy. You can make an appointment online at pharmacy websites or at <https://mytum.ca.gov>. It's advised to get the shot at least 3 months after your last dose or up to 6 months after a recent infection. COVID-19 cases are expected to rise in the winter and holiday seasons. Learn more by visiting [DHR FAQ vaccination](#).

sfhss.org/well-being/flu-prevention

Promotional Materials

Flu Education Poster

Fight the Flu!
Get Vaccinated.

Together, Let's Fight the Flu!
Take actions every day to help stop the spread of germs. An annual seasonal flu vaccine is the best way to help protect you against the flu. To learn more, visit cdc.gov.

Get Your Flu Shot, Every Year.
When you get a flu shot, you are not just protecting yourself, you're protecting your family, friends, and co-workers. You can't get flu from a flu shot, but it does take two weeks for the vaccine to reach its full strength.

Stop the Spread.
Cover your nose and mouth with a tissue when coughing or sneezing to help to prevent the spread of germs.

Wash Your Hands for 20 Seconds.
It is important to practice good health habits like washing your hands often. If soap and water are not available, use an alcohol based hand sanitizer.

Better Every Day. SAN FRANCISCO HEALTH SERVICE SYSTEM sfhss.org/well-being/flu-prevention

Flu Prevention for Retiree

Fight the Flu!
Get Vaccinated.

Protect yourself and those around you by getting your Flu Shot.
The flu vaccine is the best protection against the flu. Flu vaccine reduces risk of flu illness and serious outcomes, and protects vulnerable populations. To find out more, visit cdc.gov.

If you're over 65, you're at Greater Risk.
Getting a flu vaccine is important for protecting yourself. If you are 65 years or older, or if you have asthma, diabetes, or chronic lung disease, you are at a higher risk for developing complications from the flu, such as *pneumococcal pneumonia*. Wear a mask for an extra layer of protection.

Together, Let's Fight the Flu.
Avoid close contact with people who are sick. Stay home when you are sick, and if you need to be around others, wearing a properly fitted mask is highly recommended to help prevent the spread of germs.

Get Your Flu Shot, Every Year.
When you get a flu shot, you're not just protecting yourself, you're also protecting your partner, family, and friends. You can't get the flu from a flu shot, but it does take two weeks for the vaccine to reach its full strength.

Wash Your Hands for 20 Seconds.
It is important to practice good health habits, such as washing your hands often. If soap and water are not available, use an alcohol-based hand sanitizer.

Better Every Day. SAN FRANCISCO HEALTH SERVICE SYSTEM sfhss.org/well-being/flu-prevention

Open Flu Clinics

Fight the Flu!
Get Vaccinated.

2024 Flu Shot Clinics

Stay Healthy this Flu Season
SFHSS is offering FREE FLU SHOT clinics across the city to protect you and your co-workers from this year's flu virus. No appointments required.

Be Prepared
This year, you will need to self-report that you received a flu shot to your healthcare provider.

- Bring a city issued ID badge OR your medical provider card.
- Prior to arrival, sfhss.com/complete-entire-photo-flu-consent-and-photos forms will also be available onsite.
- Take a picture of the consent form after you receive your flu shot.
- Upload the photo to your online health plan account or email the photo to your health care provider.

Who is eligible for a flu shot at a worksite clinic?
 • Employees from CCSF, USD, CCO, and CRT
 • Worksite clinics are not open to spouses/domestic partners and children of city employees.
 • Retirees and their spouses/partners of retirees insured through the SFHSS sponsored health plans from the following employers: CCSF, USD, CCO, and CRT.

City and County of San Francisco Clinic Locations

Date	Time	Locations
September 26	7:30am-11:30am	Public Utilities Commission, 1000 El Camino Real, Millbrae
October 1*	9:00am-2:00pm	City Hall, 1 Dr. Carlton B. Goodlett Place, South Light Court
October 10	10:00am-2:00pm	Hall of Justice, 850 Bryant St, 8th Floor Auditorium
October 17	8:30am-1:00pm	SF County Fair Building (Golden Gate Park), 1190 9th Ave, Auditorium
October 21	9:00am-2:00pm	49 South Van Ness, Room 132
October 24	9:30am-2:00pm	SF Health Services System, 1145 Market Street, 2nd Floor
October 29	11am-2:00pm	Human Services Agency, 170 Old, Born Auditorium

*Flu clinics combined with an Open Enrollment Benefits Fair
 *Check in Our Other Days (Flu Clinics and Resources)
 Visit sfhss.org/well-being/flu-prevention to learn more about this year's flu shot clinics or scan the QR code.

Better Every Day. SAN FRANCISCO HEALTH SERVICE SYSTEM sfhss.org/well-being

Closed (Restricted Clinics)

Fight the Flu!
Get Vaccinated.

SFHSS Sponsored Worksite Flu Clinic Locations

The following clinics have restricted access and are available for:

- First Responders
- Employees that have building access at the listed address.

Worksite clinics are NOT for spouses/domestic partners and children of city employees.

For more information on these clinics, please see on the lookout for emails from your department or visit [SFHSS Flu Prevention](http://sfhss.org/flu-prevention).

Date	Time	Location
September 25	1:00pm-5:00pm	Department of Emergency Management, 1101 Turk St, Lunchroom
September 27	10:30am-2:30pm	SF Main Public Library, 100 Larkin St, Lathrop Room A and B
October 2	9:30am-12:30pm	SF Department of HOMA, 440 Turk St, Room 223
October 3	11:00am-3:00pm	SF Municipal Transportation Agency MME, 601 25th St, Room 239 086
October 6	7:30am-11:30am	SF Public Utilities Commission City Distribution Division, 1880 Oakdale Ave
October 8*	7:00am-1:00pm	SF Public Works Operations Yard, 2323 Cesar Chavez St
October 10	9:00am-1:00pm	DeYoung Museum, 30 Hagerman Tea Garden Dr., Rehlen Conference Room
October 15	7:00am-11:00am	SF Public Utilities Commission Wastewater Enterprise, 750 Phelan Street Building 330 Conference Room
October 16	9:00am-2:00pm	SF Police Department Head Quarters, 1243 3rd St, Conference Room 1025
October 23	9:00am-1:00pm	SF Public Utilities Commission, 525 Golden Gate, O'Shaughnessy Conference Room
October 30	10:00am-2:00pm	SF Police Department Forensics, 1995 Evans Ave, 3rd Fl Conference Room

*Flu clinics combined with an Open Enrollment Benefits Fair

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Flu Prevention Campaign Resources



- [SF Department of Public Health](#)
- [SFGOV Flu Vaccines](#)
- [California Department of Public Health](#)
- [Centers for Disease Control & Prevention](#)
- [UCSF - Stop the Flu](#)

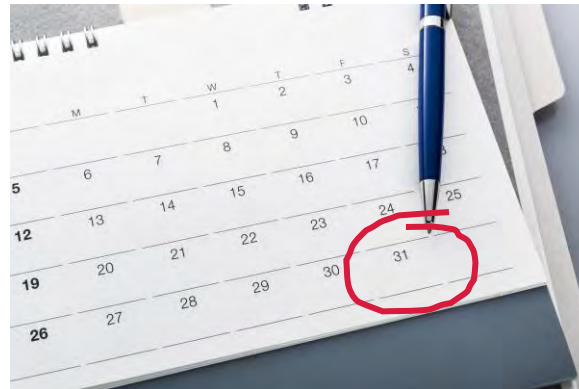
Flu Clinics Next Year Planning



Interesting in hosting a flu clinic?

Plan Ahead!

Requests must be submitted to well-being@sfgov.org by March 31, 2025.





Next Steps



1. Promote Open Enrollment 9/30-10/25 - sfhss.org/oe2025
 - Send department email using the template
 - Set up table tents
 - Hang posters
2. Promote and share resources for Benefits Fairs and Flu Shot Clinics - sfhss.org/well-being/flu-prevention
3. Promote *Healthy Aging and Well-Being for Women* activities and resources
4. Schedule your check-in meeting with your coordinator for October
5. Request Open Enrollment presentations and/or Benefit Fairs and Flu Clinics by March of 2025
6. **Deadline to submit Kaiser Permanente activities and fruit orders by – November 1st**