



Create a Play Your Way Culture

Promote City-Sponsored Benefits

CityCycle

Instead of driving from one meeting to another, City and county of San Francisco employees can conduct work-related business by pedaling around San Francisco, helping reduce vehicle trips, greenhouse gas emissions, while also promoting movement during the work-day. For more information visit: [SF Environment CityCycle](#)

Bikeshare: Bay Wheels

BayWheels has launched in San Francisco, making it as convenient as possible to grab a bike for an afternoon ride. Grab a friend and hop on a few bikes for an afternoon movement break using the bikeshare resources available throughout the City. For more information visit: [BayWheels SF](#)

WageWorks: Commuter Benefits

Do you commute to work? Enroll in the City and County of San Francisco's Pre-Tax Commuter Benefits Program! Taking the bus, ferry, train or vanpool promotes healthy lifestyles while reducing traffic and air pollution. For more information visit: [WageWorks](#)

Employee Fitness Center Discounts

Focus on fitness your way. Whether you're looking to lose weight, get healthy, reduce your stress or increase your energy—knowing your resources is a great first step. Check out the negotiated rates we've identified and find the gym nearest you to start getting more movement into your day. For more information visit: [Fitness Center Discounts](#)

Catherine Dodd Wellness Center

Visit the Catherine Dodd Wellness Center to participate in a variety of well-being events and activities. Activities at the Wellness Center include group exercise classes, educational seminars, coaching and biometric screenings. Registration may be required and participation may be limited--- check out what's happening today! For more information visit: [Wellness Center](#)