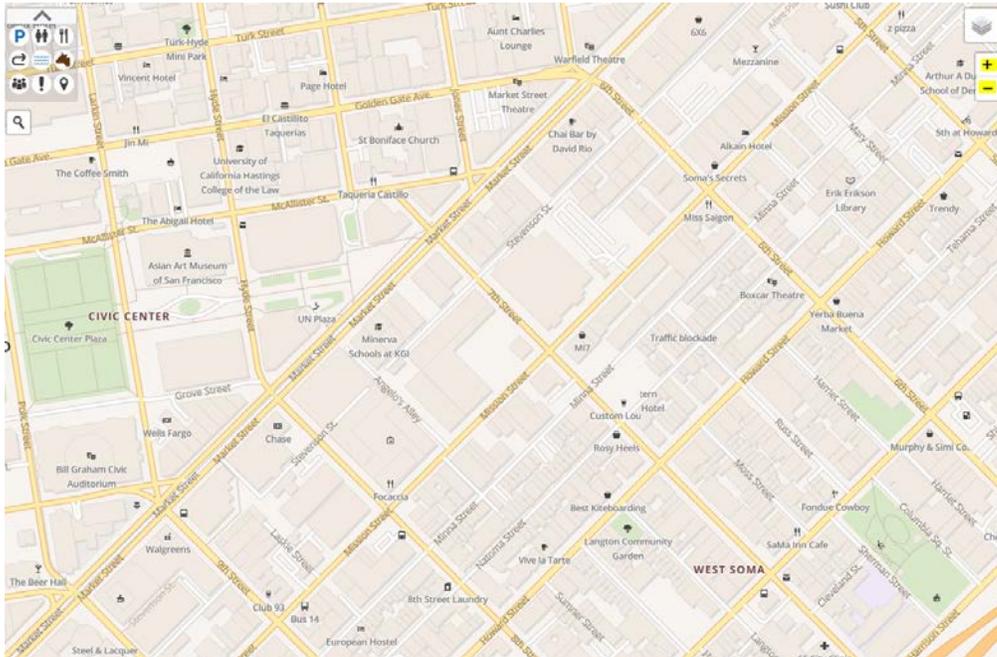
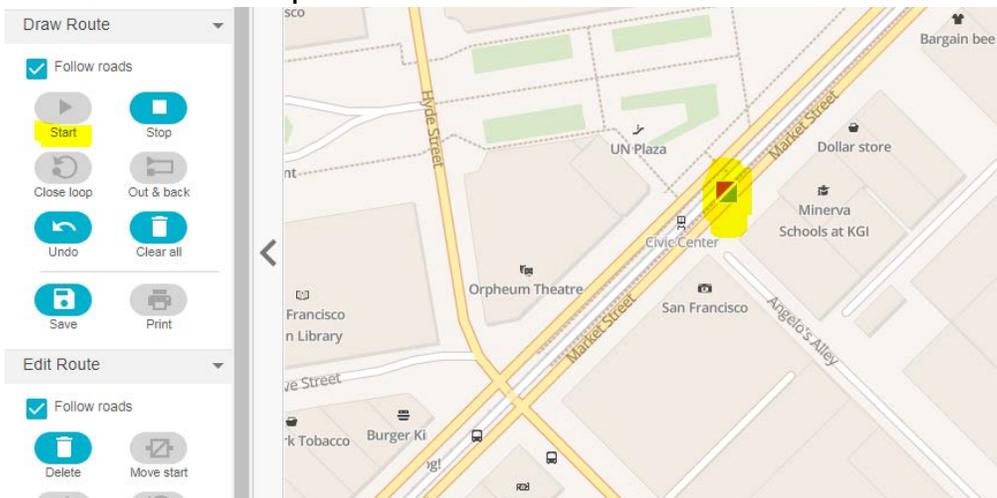


How to use Mapometer

- Move the map to your workplace location. Use the plus and minus signs on the right top corner of the screen to zoom In and out of the map.



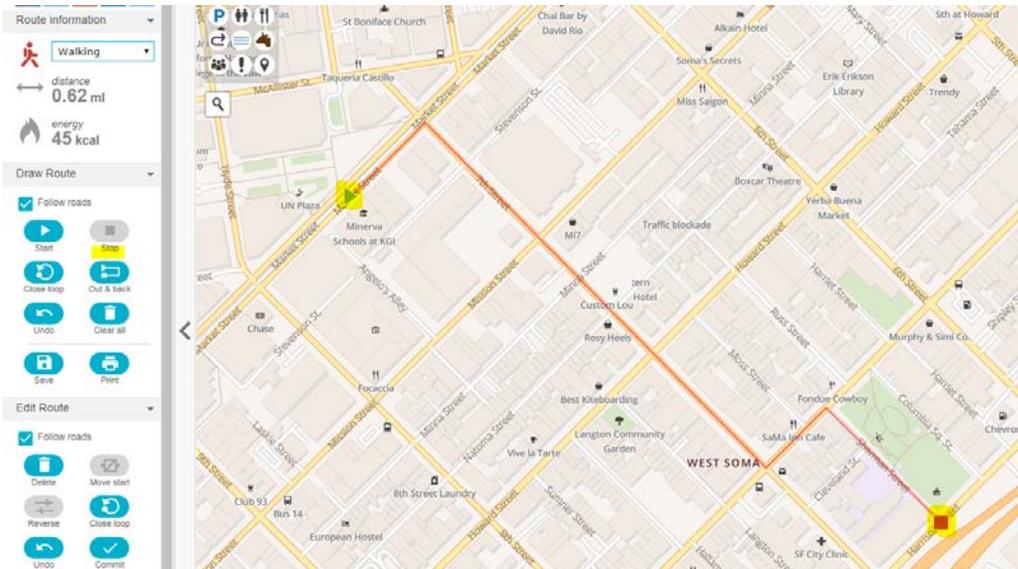
- In the Draw Route tab, click on start. Then, click on your workplace's specific location on the map. You should now have green and red arrows on the map.



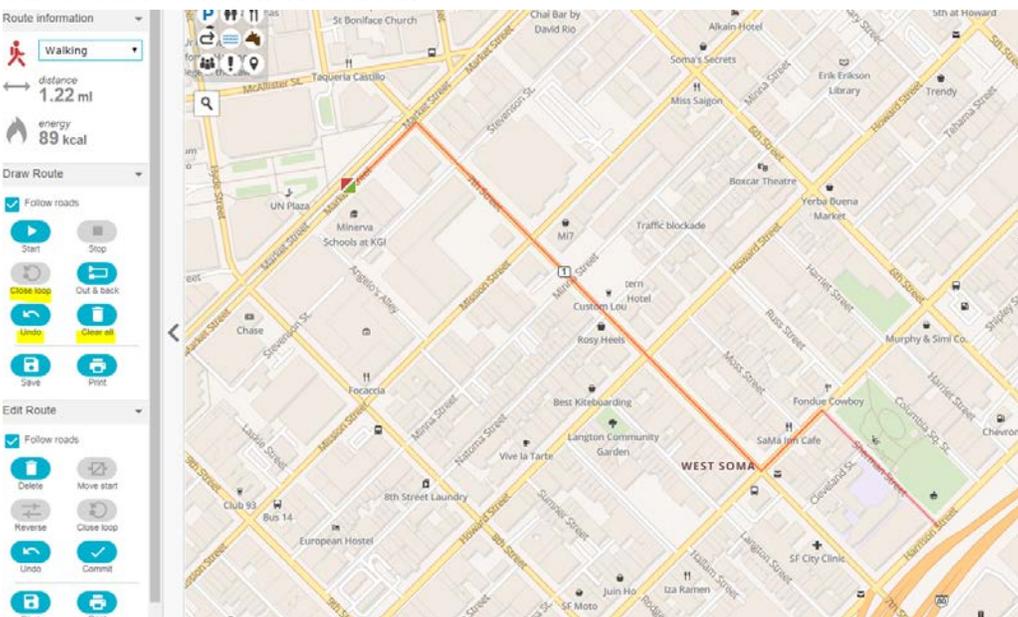
TAKE TIME TO

RECHARGE

- Move the map to your preferred destination, then click on the map to mark the specific end destination. You should have a red arrow on the location. Click stop.



- Click on close loop to map your route back to your workplace. Route information (distance & energy) reflects the trip to the destination and back to the workplace. Adjust the route by clicking on undo or clear all to start over if needed.



TAKE TIME TO



- Print and share with your walking group members! Encourage everyone to keep the printout to calculate the number of miles they walked!

