



EMPLOYEE ASSISTANCE PROGRAM (EAP)

EAP Counselors Are Available Through Confidential Tele-Counseling As We All Shelter in Place.

Your emotional health is just as important as your physical health during this COVID-19 pandemic.

If you need a quick stress relief consultation, counseling, or management consultation, give us call anytime at (628) 652-4600 or (800) 795-2351. EAP is here for you 24/7.

Visit EAP online at sfhss.org/eap for more resources including your mental health benefits from your health plan. We will also post operational updates on the website.

WE'RE HERE *For You*