



## **New 24/7 EMPLOYEE ASSISTANCE PROGRAM (EAP)**

**EAP Counselors Are Now Available 24/7 to Support All Active City and County of San Francisco Employees with Confidential Tele-Counseling As We All Shelter in Place.**

Your emotional health is just as important as your physical health during this COVID-19 pandemic. Call an EAP counselor anytime!

Available **24/7** at **(628) 652-4600** or **(800) 795-2351**.

EAP Counselors can provide a quick stress relief consultation, counseling, or management consultation.

Visit EAP online at [sfhss.org/eap](https://sfhss.org/eap) for more resources including your mental health benefits from your health plan.

**WE'RE HERE** *For You*