2023
Summary of Benefits

Kaiser Permanente Senior Advantage (HMO) Group plan for 10119 City and County of San Francisco

With Medicare Part D prescription drug coverage
About this Summary of Benefits
Thank you for considering Kaiser Permanente Senior Advantage. You can use this Summary of Benefits to learn more about our plan. It includes information about:

- Benefits and costs
- Part D prescription drugs
- Additional benefit
- Member discounts for products and services
- Who can enroll
- Coverage rules
- Getting care

For definitions of some of the terms used in this booklet, see the glossary at the end.

For more details
This document is a summary. It doesn’t include everything about what’s covered and not covered or all the plan rules. For details, see the Evidence of Coverage (EOC), which we’ll send you after you enroll. If you’d like to see it before you enroll, please ask your group benefits administrator for a copy.

Have questions?
- Please call Member Services at 1-800-805-2739 (TTY 711).
- 7 days a week, 8 a.m. to 8 p.m.
What’s covered and what it costs

<table>
<thead>
<tr>
<th>Benefits and premiums</th>
<th>You pay</th>
</tr>
</thead>
<tbody>
<tr>
<td>Plan premium</td>
<td>Your group will notify you if you are required to contribute to your group's premium. If you have any questions about your contribution toward your group's premium and how to pay it, please contact your group's benefits administrator.</td>
</tr>
<tr>
<td>Deductible</td>
<td>Please see the enclosed Kaiser Permanente Senior Advantage benefit chart to find out if your plan has a deductible and the yearly limit amount.</td>
</tr>
<tr>
<td>Your maximum out-of-pocket responsibility</td>
<td>Please see the enclosed Kaiser Permanente Senior Advantage benefit chart to find out what the yearly limit is for your group's plan.</td>
</tr>
<tr>
<td>Benefits</td>
<td>Please see the enclosed Kaiser Permanente Senior Advantage benefit chart for benefits you receive through your employer or trust fund.</td>
</tr>
</tbody>
</table>

Medicare Part D prescription drug coverage†

The amount you pay for drugs will be different depending on:

- The tier your drug is in. There are 6 drug tiers. To find out which of the 6 tiers your drug is in, see our Part D formulary at kp.org/seniorrx or call Member Services to ask for a copy at 1-800-805-2739 (TTY 711), 7 days a week, 8 a.m. to 8 p.m.
- The day supply quantity you get (like a 30-day or 90-day supply). Note: A supply greater than a 30-day supply isn’t available for all drugs.
- Whether you get your prescription filled by one of our retail plan pharmacies or our mail-order pharmacy. Note: Not all drugs can be mailed.
- The coverage stage you’re in (deductible, initial, coverage gap, or catastrophic coverage stage).

Important Message About What You Pay for Insulin – You won’t pay more than $35 for a one-month supply of each insulin product covered by our plan, no matter what cost-sharing tier it's on.

Important Message About What You Pay for Vaccines – Our plan covers most Part D vaccines at no cost to you.

Note: Medicare provides Extra Help to pay prescription drug costs for people who have limited income and resources. If you are entitled to Extra Help, the cost-sharing below may not apply to you; instead please refer to the Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs.

Deductible stage

Because we have no deductible, this payment stage does not apply to you and you start the year in the initial coverage stage.
Initial coverage stage
If your group plan includes a Coverage Gap, you pay the copays and coinsurance shown in the attached prescription drug coverage chart until your total yearly drug costs reach $4,660. (Total yearly drug costs are the amounts paid by both you and any Part D plan during a calendar year.) If you reach the $4,660 limit in 2023, you move on to the coverage gap stage and your coverage changes.

If your group plan does not include a Coverage Gap, you pay the copays and coinsurance shown in the attached prescription drug coverage chart until you have spent $7,400 in 2023. If you spend $7,400 in 2023, you move on to the catastrophic coverage stage and your coverage changes.

Catastrophic coverage stage
If your group plan does not include a Coverage Gap, if you or others on your behalf spend $7,400 on your Part D prescription drugs in 2023, you'll enter the catastrophic coverage stage. Most people never reach this stage, but if you do, your copays and coinsurance will change for the rest of 2023. You pay the following copays per prescription during the catastrophic coverage stage:

<table>
<thead>
<tr>
<th>Drug</th>
<th>You pay</th>
</tr>
</thead>
<tbody>
<tr>
<td>Generic drugs</td>
<td>$4</td>
</tr>
<tr>
<td>Brand-name drugs</td>
<td>$10</td>
</tr>
<tr>
<td>Part D vaccines</td>
<td>$0</td>
</tr>
</tbody>
</table>

Long-term care, plan home-infusion, and non-plan pharmacies
- If you live in a long-term care facility and get your drugs from their pharmacy, you pay the same as at a retail plan pharmacy and you can get up to a 31-day supply.
- Covered Part D home infusion drugs from a plan home-infusion pharmacy are provided at no charge.
- If you get covered Part D drugs from a non-plan pharmacy, you pay the same as at a retail plan pharmacy and you can get up to a 30-day supply. Generally, we cover drugs filled at a non-plan pharmacy only when you can’t use a network pharmacy, like during a disaster. See the Evidence of Coverage for details.

For details about your group's Medicare Part D prescription drug coverage, please see the "Medical Benefits Chart (what is covered and what you pay)" located at the front of your Evidence of Coverage.

Additional benefit
This benefit is available to you as a plan member: You pay

<table>
<thead>
<tr>
<th>Fitness benefit — The Silver&amp;Fit® Program</th>
<th>You pay</th>
</tr>
</thead>
<tbody>
<tr>
<td>You pay no additional cost for standard membership to any of the participating fitness centers in the Silver&amp;Fit program. You can also choose one Home Fitness Kit from a selection of kits to help you stay fit at home.</td>
<td>$0</td>
</tr>
</tbody>
</table>
The Silver&Fit program is provided by American Specialty Health Fitness, Inc., a subsidiary of American Specialty Health Incorporated (ASH). Silver&Fit is a federally registered trademark of ASH and used with permission herein. Participating fitness centers and fitness chains may vary by location and are subject to change.

Member discounts for products and services

Kaiser Permanente partners with leading companies to support your health, safety, and well-being — and offer substantial savings and discounts.

Lively™ Mobile Plus

Get a personal emergency response system that provides 24/7 help with the push of a button. Receive a reduced one-time device fee and choice of two monthly service plans (coverage limits may apply). Visit greatcall.com/KP or call 1-800-205-6548 (TTY 711) for more information.

Kaiser Permanente members may continue to use or select these products or services from any company of their choice but Kaiser Permanente discounts are only available with the partner listed above. The products and services described above are neither offered nor guaranteed under our contract with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding these products and services may be subject to the Kaiser Permanente Senior Advantage grievance process. BEST BUY HEALTH, GREATCALL, LIVELY and LINK are trademarks of Best Buy and its affiliated companies. ©2022 Best Buy. All rights reserved.

Who can enroll

You can sign up for this plan if:

- You are enrolled in Kaiser Permanente through your group plan and meet your group’s eligibility requirements.
- You have both Medicare Part A and Part B. (To get and keep Medicare, most people must pay Medicare premiums directly to Medicare. These are separate from the premiums you pay your group.)
- You’re a citizen or lawfully present in the United States.
- You live in the service area for this plan, which includes all of Honolulu County. Also, our service area includes these parts of the following counties:
  - Maui County, in the following ZIP codes only: 96708, 96713, 96732, 96733, 96753, 96761, 96767, 96768, 96779, 96784, 96788, 96790, and 96793.
  - Hawaii County, in the following ZIP codes only: 96704, 96710, 96719, 96720, 96721, 96725, 96726, 96727, 96728, 96737, 96738, 96739, 96740, 96743, 96745, 96749, 96750, 96755, 96760, 96764, 96771, 96773, 96774, 96776, 96778, 96780, 96781, 96783, and 96785.

Coverage rules

We cover the services and items listed in this document and the Evidence of Coverage, if:
- The services or items are medically necessary.
- The services and items are considered reasonable and necessary according to Original Medicare’s standards.
- You get all covered services and items from plan providers listed in our Provider Directory and Pharmacy Directory. But there are exceptions to this rule. We also cover:
  - Care from plan providers in another Kaiser Permanente Region
  - Emergency care
  - Out-of-area dialysis care
  - Out-of-area urgent care (covered inside the service area from plan providers and in rare situations from non-plan providers)
  - Referrals to non-plan providers if you got approval in advance (prior authorization) from our plan in writing

Note: You pay the same plan copays and coinsurance when you get covered care listed above from non-plan providers. If you receive non-covered care or services, you must pay the full cost.

For details about coverage rules, including non-covered services (exclusions), see the Evidence of Coverage.

**Getting care**

At most of our plan facilities, you can usually get all the covered services you need, including specialty care, pharmacy, and lab work. You aren’t restricted to a particular plan facility or pharmacy, and we encourage you to use the plan facility or pharmacy that will be most convenient for you. To find our provider locations, see our Provider Directory or Pharmacy Directory at kp.org/directory or ask us to mail you a copy by calling Member Services at 1-800-805-2739 (TTY 711), 7 days a week, 8 a.m. to 8 p.m.

The formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.

**Your personal doctor**

Your personal doctor (also called a primary care physician) will give you primary care and will help coordinate your care, including hospital stays, referrals to specialists, and prior authorizations. Most personal doctors are in internal medicine or family practice. You must choose one of our available plan providers to be your personal doctor. You can change your doctor at any time and for any reason. You can choose or change your doctor by calling Member Services or at kp.org/finddoctors.

**Help managing conditions**

If you have more than one ongoing health condition and need help managing your care, we can help. Our case management programs bring together nurses, social workers, and your personal doctor to help you manage your conditions. The program provides education and teaches self-care skills. If you’re interested, please ask your personal doctor for more information.
Notices

Appeals and grievances
You can ask us to provide or pay for an item or service you think should be covered. If we say no, you can ask us to reconsider our decision. This is called an appeal. You can ask for a fast decision if you think waiting could put your health at risk. If your doctor agrees, we'll speed up our decision.

If you have a complaint that's not about coverage, you can file a grievance with us. See the Evidence of Coverage for details about the processes for making complaints and making coverage decisions and appeals, including fast or urgent decisions for drugs, services, or hospital care.

Kaiser Foundation Health Plan
Kaiser Foundation Health Plan, Inc., Hawaii Region is a nonprofit corporation and a Medicare Advantage plan called Kaiser Permanente Senior Advantage.

Privacy
We protect your privacy. See the Evidence of Coverage or view our Notice of Privacy Practices on kp.org/privacy to learn more.
**Helpful definitions (glossary)**

**Allowance**
A dollar amount you can use toward the purchase of an item. If the price of the item is more than the allowance, you pay the difference.

**Benefit period**
The way our plan measures your use of skilled nursing facility services. A benefit period starts the day you go into a hospital or skilled nursing facility (SNF). The benefit period ends when you haven’t gotten any inpatient hospital care or skilled care in an SNF for 60 days in a row. The benefit period isn’t tied to a calendar year. There’s no limit to how many benefit periods you can have or how long a benefit period can be.

**Calendar year**
The year that starts on January 1 and ends on December 31.

**Coinsurance**
A percentage you pay of our plan’s total charges for certain services or prescription drugs. For example, a 20% coinsurance for a $200 item means you pay $40.

**Copay**
The set amount you pay for covered services — for example, a $20 copay for an office visit.

**Deductible**
It’s the amount you must pay for Medicare Part D drugs before you will enter the initial coverage stage.

**Evidence of Coverage**
A document that explains in detail your plan benefits and how your plan works.

**Maximum out-of-pocket responsibility**
The most you’ll pay in copays or coinsurance each calendar year for services that are subject to the maximum. If you reach the maximum, you won’t have to pay any more copays or coinsurance for services subject to the maximum for the rest of the year.

**Medically necessary**
Services, supplies, or drugs that are needed for the prevention, diagnosis, or treatment of your medical condition and meet accepted standards of medical practice.

**Non-plan provider**
A provider or facility that doesn’t have an agreement with Kaiser Permanente to deliver care to our members.

**Plan**
Kaiser Permanente Senior Advantage.

**Plan premium**
The amount you pay for your Senior Advantage health care and prescription drug coverage.

**Plan provider**
A plan or network provider can be a facility, like a hospital or pharmacy, or a health care professional, like a doctor or nurse.

**Prior authorization**
Some services or items are covered only if your plan provider gets approval in advance from our plan (sometimes called prior authorization). Services or items subject to prior authorization are flagged with a † symbol in this document.
Region
A Kaiser Foundation Health Plan organization. We have Kaiser Permanente Regions located in Northern California, Southern California, Colorado, Georgia, Hawaii, Maryland, Oregon, Virginia, Washington, and Washington, D.C.

Retail plan pharmacy
A plan pharmacy where you can get prescriptions. These pharmacies are usually located at plan medical offices.

Service area
The geographic area where we offer Senior Advantage plans. To enroll and remain a member of our plan, you must live in one of our Senior Advantage plan’s service area.

Kaiser Permanente is an HMO plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal. This contract is renewed annually by the Centers for Medicare & Medicaid Services (CMS). By law, our plan or CMS can choose not to renew our Medicare contract.

For information about Original Medicare, refer to your “Medicare & You” handbook. You can view it online at medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.
2023 Summary of Benefits
January 1 – December 31, 2023
10119 City and County of San Francisco

Kaiser Permanente Senior Advantage (HMO) Benefit Chart
With Medicare Part D prescription drug coverage

This document is a summary. It doesn't include everything about what's covered and not covered or all the plan rules. For details, see the Evidence of Coverage (EOC), which we'll send you after you enroll. For questions on your coverage, please contact Member Services at 1-800-805-2739 (TTY 711), 8 a.m. to 8 p.m., seven days a week.

What’s covered and what it costs
*Your plan provider may need to provide a referral.
†Prior authorization may be required.

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<thead>
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<td>Plan premium</td>
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</tr>
<tr>
<td>Deductible</td>
<td>None</td>
</tr>
<tr>
<td>Your maximum out-of-pocket responsibility</td>
<td>$2,500</td>
</tr>
<tr>
<td>Doesn't include Medicare Part D drugs.</td>
<td></td>
</tr>
<tr>
<td>Inpatient hospital coverage*†</td>
<td>$50 per day for days 1-6 of your stay and $0 for the rest of your stay</td>
</tr>
<tr>
<td>There's no limit to the number of medically necessary inpatient hospital days.</td>
<td></td>
</tr>
<tr>
<td>Outpatient hospital coverage*†</td>
<td>$50 per visit</td>
</tr>
<tr>
<td>Ambulatory Surgery Center*†</td>
<td>$50 per visit</td>
</tr>
<tr>
<td>Doctor's visits</td>
<td></td>
</tr>
<tr>
<td>• Primary care providers</td>
<td>$15 per visit</td>
</tr>
<tr>
<td>• Specialists*†</td>
<td>$15 per visit</td>
</tr>
<tr>
<td>Preventive care*†</td>
<td>$0</td>
</tr>
<tr>
<td>See the EOC for details.</td>
<td></td>
</tr>
<tr>
<td>Emergency care</td>
<td>$75 per Emergency Department visit</td>
</tr>
<tr>
<td>We cover emergency care anywhere in the world.</td>
<td></td>
</tr>
<tr>
<td>Urgently needed services</td>
<td>$15 per visit</td>
</tr>
<tr>
<td>We cover urgent care anywhere in the world.</td>
<td></td>
</tr>
<tr>
<td>Diagnostic services, lab, and imaging*†</td>
<td>$0</td>
</tr>
<tr>
<td>• Lab tests</td>
<td></td>
</tr>
<tr>
<td>Benefits and premiums</td>
<td>You pay</td>
</tr>
<tr>
<td>-----------------------------------------------------------</td>
<td>-------------------------------------------------------------------------</td>
</tr>
<tr>
<td>• Diagnostic tests and procedures (like EKGs)</td>
<td>$0</td>
</tr>
<tr>
<td>• X-rays</td>
<td>$0</td>
</tr>
<tr>
<td>• Other imaging procedures (like MRI, CT, and PET)</td>
<td>$20 per test ($0 for ultrasounds)</td>
</tr>
</tbody>
</table>

**Hearing services**<sup>†</sup>
- Evaluations to diagnose medical conditions
- Routine hearing exams
- $15 per visit

**Vision services**
- Visits to diagnose and treat eye diseases and conditions<sup>‡</sup>
- Routine eye exams<sup>‡</sup>
- Preventive glaucoma screening and diabetic retinopathy services<sup>‡</sup>
- Eyeglasses or contact lenses after cataract surgery
- $15 per visit
- $0
- 20% coinsurance up to Medicare's limit, and **you pay any amounts beyond that limit**.

**Mental health services**<sup>‡</sup>
- Outpatient group therapy
- Outpatient individual therapy
- $15 per visit
- $15 per visit

**Skilled nursing facility**<sup>‡</sup>
- We cover up to 100 days per benefit period.
- Per benefit period:
  - $0 per day for days 1-20
  - $50 per day for days 21-100

**Physical therapy**<sup>‡</sup>
- $15 per visit

**Ambulance**
- 20% coinsurance per one-way trip

**Transportation**
- Not covered

**Medicare Part B drugs**<sup>‡</sup>
- A limited number of Medicare Part B drugs are covered when you get them from a plan provider. See the **EOC** for details.
  - Drugs that must be administered by a health care professional
  - Up to a 30-day supply from a plan pharmacy
  - 20% coinsurance
  - $15 for generic drugs
  - $50 for brand-name drugs
Alternative Medicine, dental, and optical riders will be attached at the end if applicable.

Medicare Part D prescription drug coverage†

For details on what you pay for your Part D prescription drugs through our plan, see the "Medical Benefits Chart (what is covered and what you pay)", Chapter 5, and Chapter 6 in the Evidence of Coverage (EOC).

Initial Coverage Stage

<table>
<thead>
<tr>
<th>Drug tier</th>
<th>Retail plan pharmacy</th>
<th>Mail-order plan pharmacy (up to a 90-day supply)**</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tier 1 (Preferred generic)</td>
<td>$3 (up to a 30-day supply)</td>
<td>$6</td>
</tr>
<tr>
<td>Tier 2 (Generic)</td>
<td>$15 (up to a 30-day supply)</td>
<td>Two times the listed copay</td>
</tr>
<tr>
<td>Tier 3 (Preferred brand-name)</td>
<td>$50 (up to a 30-day supply)</td>
<td>Two times the listed copay</td>
</tr>
<tr>
<td>Tier 4 (Nonpreferred brand-name)</td>
<td>$50 (up to a 30-day supply)</td>
<td>Two times the listed copay</td>
</tr>
<tr>
<td>Tier 5 (Specialty)</td>
<td>$200 (up to a 30-day supply)</td>
<td>$200 (up to a 30-day supply)</td>
</tr>
<tr>
<td>Tier 6 (Vaccines)</td>
<td>$0</td>
<td>Not applicable</td>
</tr>
</tbody>
</table>

**Note: Coverage is limited in certain situations and some drugs may not be eligible for mailing and/or mail order discount.

After your Initial Coverage Stage, there is a Catastrophic Coverage Stage. This stage is generally for people with high drug costs. Most members do not reach the Catastrophic Coverage Stage. For information about your costs in these stages, see the "Medical Benefits Chart (what is covered and what you pay)", Chapter 5, and Chapter 6 in the Evidence of Coverage (EOC).