

**Monthly [AB 528](#) Rates for Retirees Not Eligible for Medicare A and B,
and their dependent not eligible for Medicare A and B
January 1, 2023 to December 31, 2023**

| | E Only | E+1 |
|--|-------------|-------------|
| Blue Shield PPO Monthly COBRA Rate | \$ 1,973.14 | \$ 2,857.38 |
| Blue Shield Trio Monthly COBRA Rate | \$ 2,027.12 | \$ 2,932.14 |
| Blue Shield Access+ Monthly COBRA Rate | \$ 2,205.95 | \$ 3,191.15 |
| Health Net Monthly COBRA Rate | \$ 1,814.27 | \$ 2,623.81 |
| Kaiser CA | | |
| Kaiser Monthly COBRA Rate | \$ 1,525.11 | \$ 2,276.31 |
| Kaiser Northwest | | |
| Kaiser Monthly COBRA Rate | \$ 1,120.59 | \$ 2,232.13 |
| Kaiser Washington | | |
| Kaiser Monthly COBRA Rate | \$ 1,680.24 | \$ 3,351.42 |
| Kaiser Hawaii | | |
| Kaiser Monthly COBRA Rate | \$ 876.86 | \$ 1,744.65 |

Health Service System

**Monthly [AB 528](#) Rates for Retirees Not Eligible for Medicare A and B,
and their dependent eligible for Medicare A and B
January 1, 2023 to December 31, 2023**

| UHC Medical | Retiree in UHC non-Medicare PPO Plan | Retiree in UHC Doctor's Plan EPO | Retiree in UHC Select Network Plan EPO |
|--------------------------------|--|--|--|
| | Dependent in UnitedHealthcare MAPD PPO | Dependent in UnitedHealthcare MAPD PPO | Dependent in UnitedHealthcare MAPD PPO |
| UHC Medical Monthly COBRA Rate | \$ 2,429.31 | \$ 2,483.28 | \$ 2,662.11 |

**Monthly [AB 528](#) Rates for Retirees with Medicare A and B,
and their dependent with Medicare A and B
January 1, 2023 to December 31, 2023**

| | E Only | E+1 |
|---|-----------|-----------|
| UnitedHealthcare MAPD PPO Monthly AB 528 Rate | \$ 465.22 | \$ 921.39 |
| Kaiser CA - Senior Advantage MAPD HMO | | |
| Kaiser Monthly AB 528 Rate | \$ 319.14 | \$ 629.22 |
| Kaiser Northwest MAPD HMO | | |
| Kaiser Monthly AB 528 Rate | \$ 446.25 | \$ 883.45 |
| Kaiser Washington MA HMO | | |
| Kaiser Monthly AB 528 Rate | \$ 316.88 | \$ 624.69 |
| Kaiser Hawaii MAPD HMO | | |
| Kaiser Monthly AB 528 Rate | \$ 357.71 | \$ 706.35 |

**Monthly [AB 528](#) Rates for Retirees with Medicare A and B,
and their dependent without Medicare A and B
January 1, 2023 to December 31, 2023**

| UHC Medical | Dependent in UHC non-Medicare PPO Plan | Dependent in UHC Doctor's Plan EPO | Dependent in UHC Select Network Plan EPO |
|--------------------------------|--|--------------------------------------|--|
| | Retiree in UnitedHealthcare MAPD PPO | Retiree in UnitedHealthcare MAPD PPO | Retiree in UnitedHealthcare MAPD PPO |
| UHC Medical Monthly COBRA Rate | \$ 1,349.46 | \$ 1,370.24 | \$ 1,450.43 |