# 2023 Monthly COBRA Premium Rates

**Health Net CanopyCare HMO**
- Employee Only: $785.69
- Employee +1: $1,568.33
- Employee +2 or More: $2,217.91

**Blue Shield of California Trio HMO**
- Employee Only: $877.47
- Employee +1: $1,751.88
- Employee +2 or More: $2,477.65

**Blue Shield of California Access+ HMO**
- Employee Only: $954.57
- Employee +1: $1,906.10
- Employee +2 or More: $2,695.88

**Kaiser Permanente HMO**
- Employee Only: $758.49
- Employee +1: $1,513.95
- Employee +2 or More: $2,140.95

**Blue Shield of California PPO**
- Employee Only: $1,464.18
- Employee +1: $2,840.50
- Employee +2 or More: $4,014.00

**VSP Premier**
- Employee Only: $11.79
- Employee +1: $17.94
- Employee +2 or More: $36.78

For City College of San Francisco (CCSF) COBRA dental rates, visit CCSF’s website at [ccsf.edu](http://ccsf.edu) or call the CCSF Benefits Unit at (415) 452-7733.