



2025 PPO COB plan

San Francisco Health Service System

Group Number: W0051448

Along with your new plan, you have access to these supplement benefits not covered by Original Medicare.

Supplemental services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
<p>Transportation services (non-Medicare covered) *</p> <p>Transportation is provided to plan members on an as-needed basis to facilitate non-emergent access to healthcare, e.g., physician office visits.</p> <p>Call the Car offers a mobile application (CTC-Go) that can be used by Blue Shield Medicare members to coordinate healthcare transportation. CTC-Go allows you to review upcoming or past reservations, rate your ride, track your driver, cancel an existing reservation, and to schedule a new reservation. CTC-Go is available on iOS and Android. Search your app store for “CTC-Go” and download the application.</p> <p>Note: Arrangements for transportation in California are handled by Call the Car. You must contact Call the Car at (855) 200-7544 (TTY users call 711) 24 hours a day, seven days a week. Arrangements for transportation must be made at least 24 hours in advance.</p> <p>For any routine medical transportation outside of California, you can use any transportation provider and contact Customer Service to submit your claims to Blue Shield Medicare for</p>	<p>You pay \$0 for each one-way trip to plan-approved health-related location (limited to 24 one-way trips per year).</p>	<p>You pay \$0 for each one-way trip to plan-approved health-related location (limited to 24 one-way trips per year).</p>

<p>reimbursement, or member may submit request for reimbursement to:</p> <p>Blue Shield Medicare Attn: Medicare Customer Service P.O. Box 927 Woodland Hills, CA 91365</p> <p>* Services do not apply to the plan's maximum out-of-pocket limit.</p>		
<p>Home meal delivery</p> <p>Upon discharge from an inpatient hospital or skilled nursing facility (SNF) stay, we cover:</p> <ul style="list-style-type: none"> • 30 meals and 16 snacks per discharge • Meals and snacks will be divided into up to three separate deliveries as needed. <p>For more information, contact Customer Service (phone numbers are printed on bottom of this page).</p>	<p>You pay \$0.</p>	<p>You pay \$0.</p>
<p>Personal Emergency Response System (PERS)*</p> <p>Medical alert monitoring system that provides access to help 24/7, at the push of a button.</p> <p>Your PERS benefits are provided by LifeStation®.</p> <ul style="list-style-type: none"> • One Personal emergency response system • Choice of an in-home system or mobile device with GPS/WiFi and fall detection • Monthly monitoring • Necessary charges and cords <p>*Services do not apply to the plan's maximum out- of-pocket limit.</p>	<p>You pay \$0.</p>	<p>You pay \$0.</p>
<p>SilverSneakers® Fitness</p> <p>SilverSneakers can help you live a healthier, more active life through fitness and social connection. You are covered for a fitness benefit through</p>	<p>You pay \$0.</p>	<p>You pay \$0.</p>

<p>SilverSneakers at participating locations¹. You have access to instructors who lead specially designed group exercise classes in-person and online, seven days a week². At participating locations nationwide¹, you can take classes² plus use exercise equipment and other amenities. Enroll in as many locations as you like, at any time. Additionally, SilverSneakers Community gives you options to get active outside of traditional gyms at recreation centers, parks and other neighborhood locations.</p> <p>SilverSneakers also connects you to a support network and virtual classes through SilverSneakers LIVE™, SilverSneakers On-Demand™ videos and our mobile app, SilverSneakers GO™. Go to Silversneakers.com to learn more about your benefit or call 1-888-423-4632 [TTY: 711] Monday through Friday, 5 a.m. to 5 p.m. PST.</p>		
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For any questions about any of the benefits or to get additional details, please contact Customer Service at (800) 370-8852. (TTY users should call 711). Hours are 8 a.m. to 8 p.m. PST, seven days a week.

¹Participating locations (“PL”) are not owned or operated by Tivity Health, Inc. or its affiliates. Use of PL facilities and amenities is limited to terms and conditions of PL basic membership. Facilities and amenities vary by PL.

²Membership includes SilverSneakers instructor-led group fitness classes. Some locations offer members additional classes. Classes vary by location.